



Please **STAY** and  
**LISTEN**-our students  
mental wellness  
during rapid social  
changes

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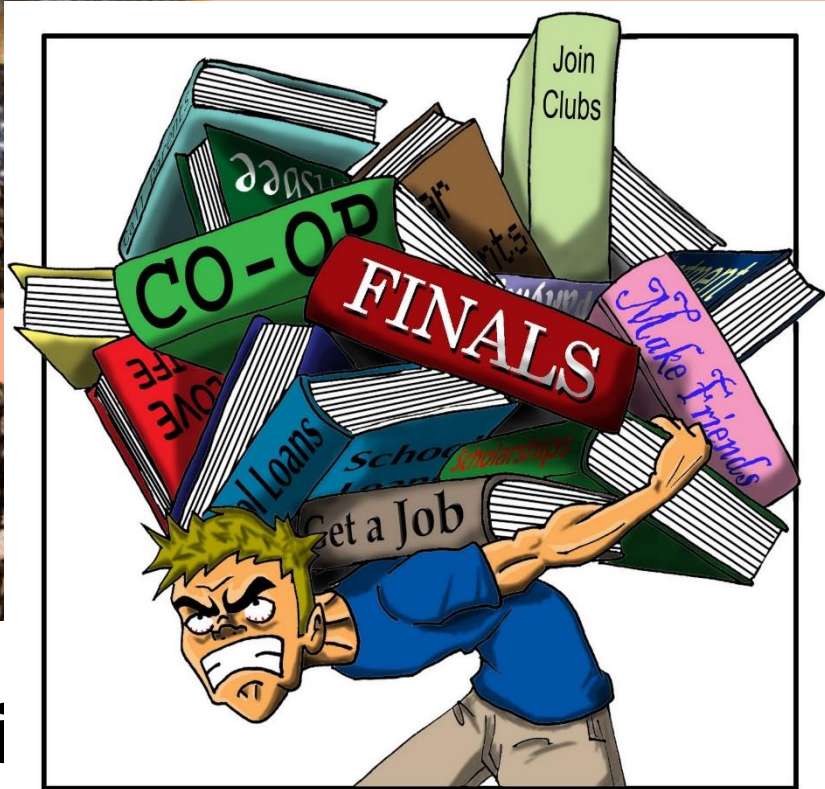
# Our team....

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Soci



Negative impact on **mic**  
Student mental  
health



# objective



- To understand how rapid social changes influence their mental wellness

**The research question is:**

What is it like to be a medical or nursing student living everyday life during social changes?

# Professional identity

- Values and beliefs held by the students that guide her or his thinking, actions, and interactions with the patient (Fagermoen, 1997).
- Professional identity is not a static formation; rather it is continuously developed throughout the everyday lives and experiences of students.
- Professional identity formation
  - Through a process of self-formation, in which social interaction and self-reflection are the basic process (Fagermoen, 1997)

# Methodology

- A qualitative phenomenological study approach
- Purposive sampling
  
- Phenomenological approaches can assist researchers to develop knowledge and discover phenomena that embrace ideals of the concepts of healing and wholeness

**Findings**

**Powerlessness for  
the social unrest**

**Responsibility to  
save life**

**Stay and Listen**

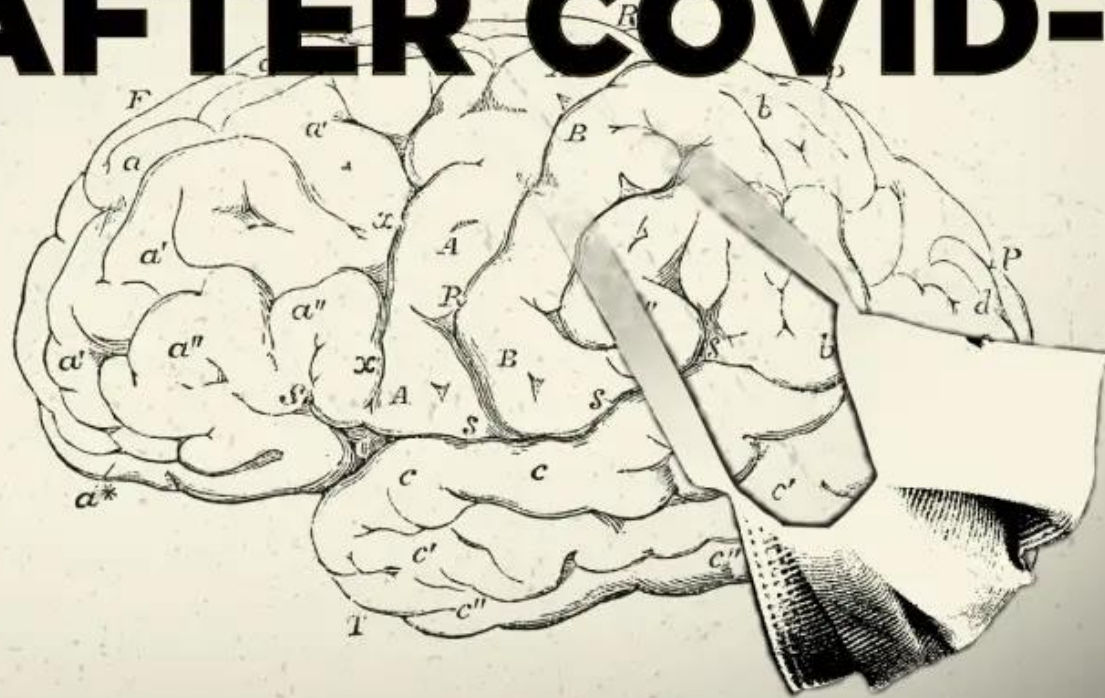


**Frustration**

**Responsibility**

Concl

# MENTAL HEALTH AFTER COVID-19





**Thank you**

# References

- Fagermoen, M. S. (1997). Professional identity: values embedded in meaningful nursing practice. *Journal of advanced nursing*, 25(3), 434-441.