

Can Leadership Training be done Virtually?

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NHG Education 10th Anniversary

INSPIRING Professionals
IMAGINING Tomorrow
ReINVENTING Healthcare

NHG EDUCATION



REAL

Resident Engagement
And Leadership

series



Chief Residency Induction Program



Two day



Leadership Training Course



Prepares Chief Residents to face
challenges in their tenure

Due to COVID-19

In-person seminar



Virtual seminar

Challenges



CONSTANT
ENGAGEMENT

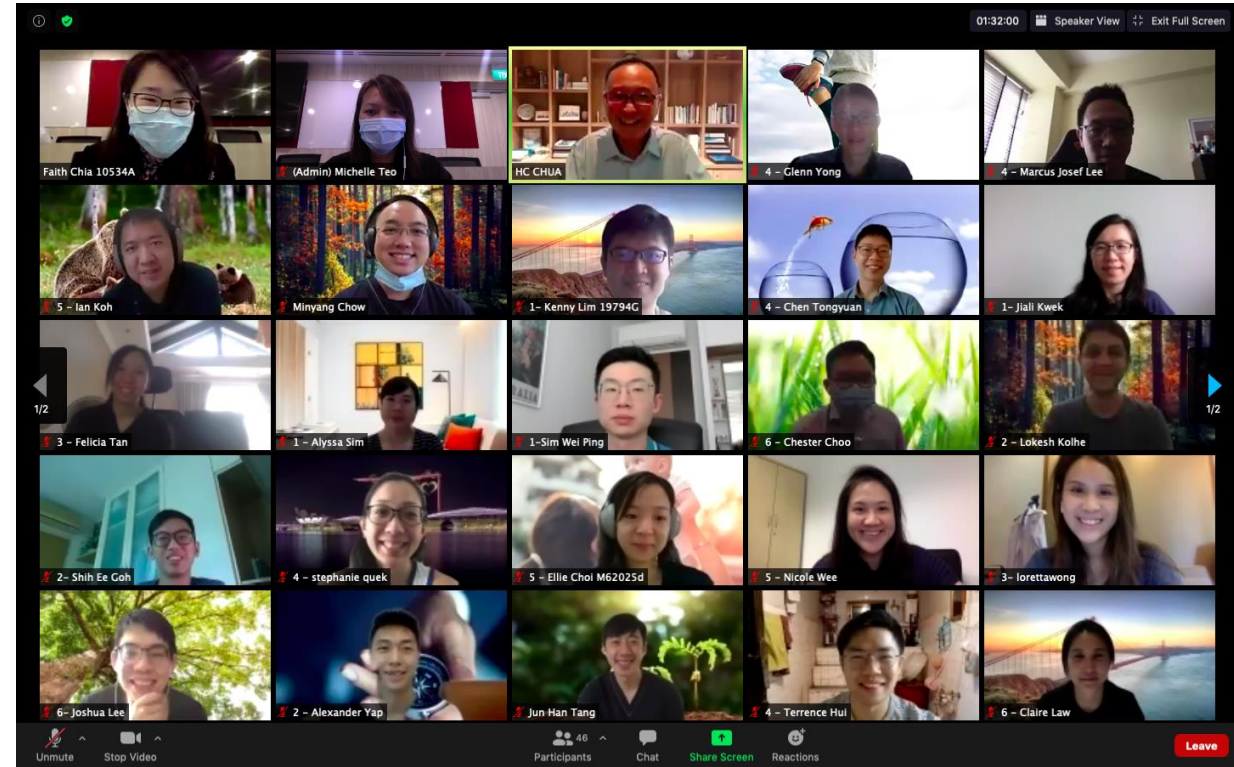


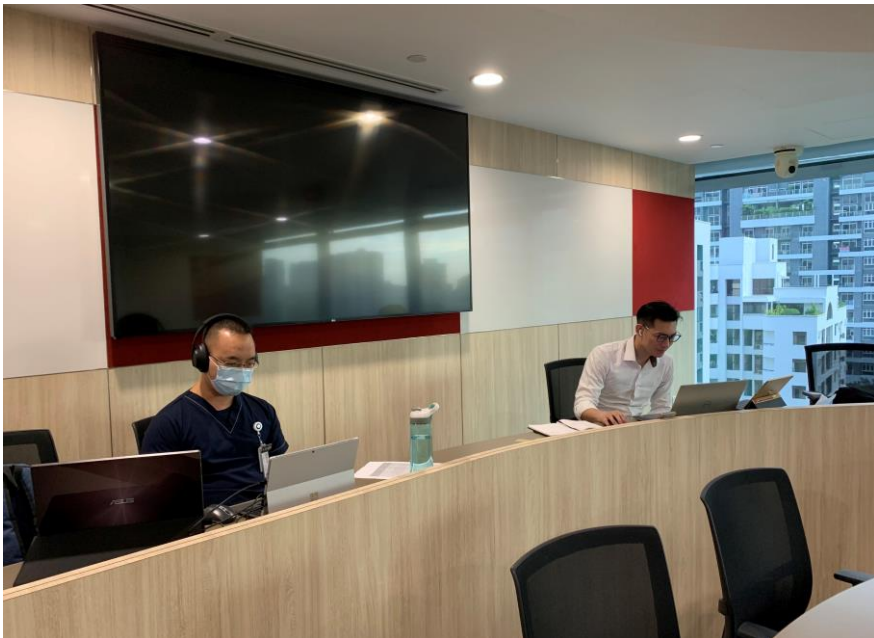
SMOOTH DELIVERY



SAFE INTERACTION

Virtual Chief Residency Induction Program





Virtual Chief Residency Induction Program





- Ice breakers
- Vision sharing

Encouraging constant
engagement

Topics

Self

- Body dispositions and archetypes
- Service before self
- Self-care and mindfulness

Team

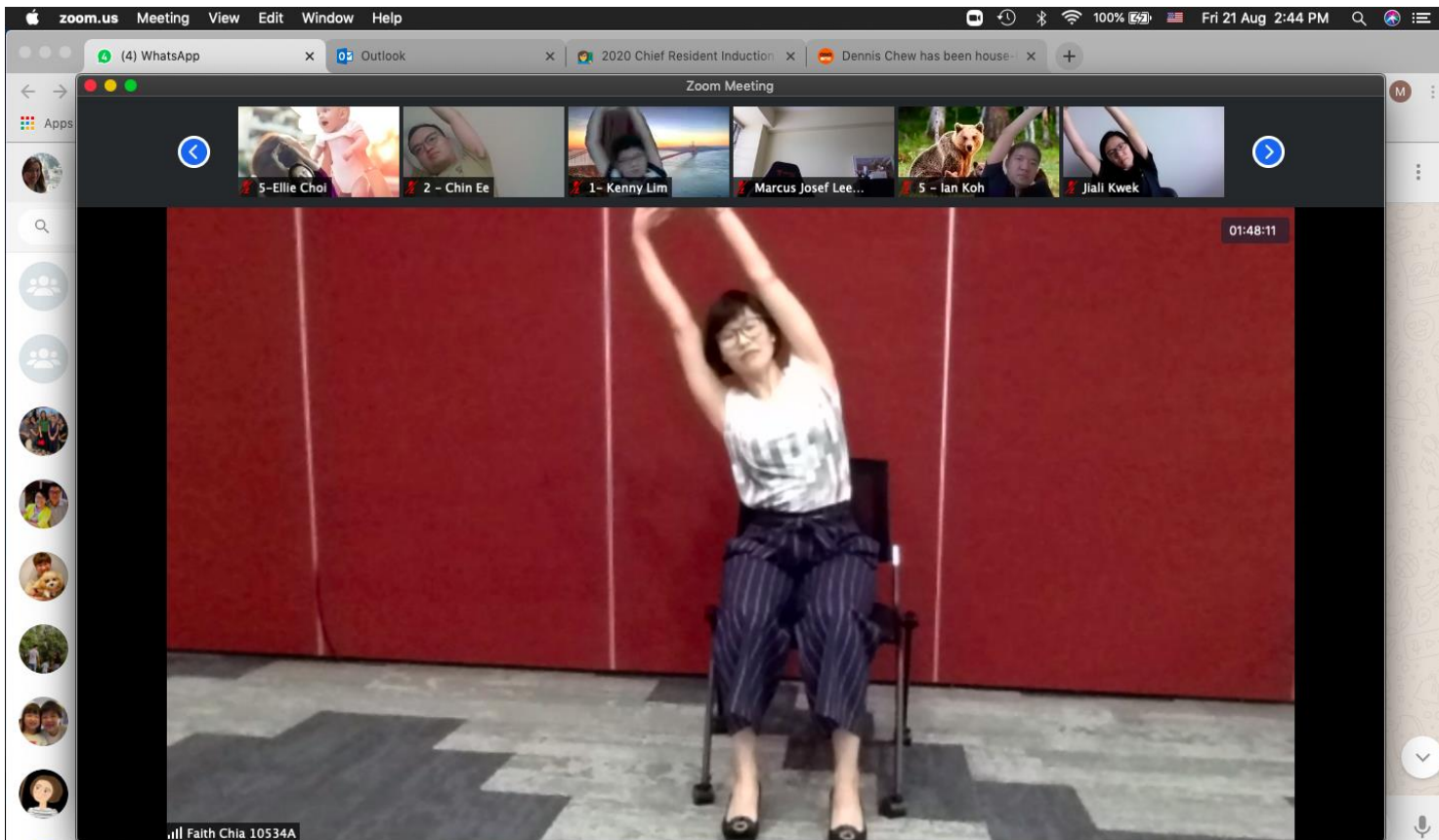
- Negotiation and conflict management
- Leadership TED talks
- Learning from the follies of your seniors

System

- Helicopter view of healthcare policy

Methods

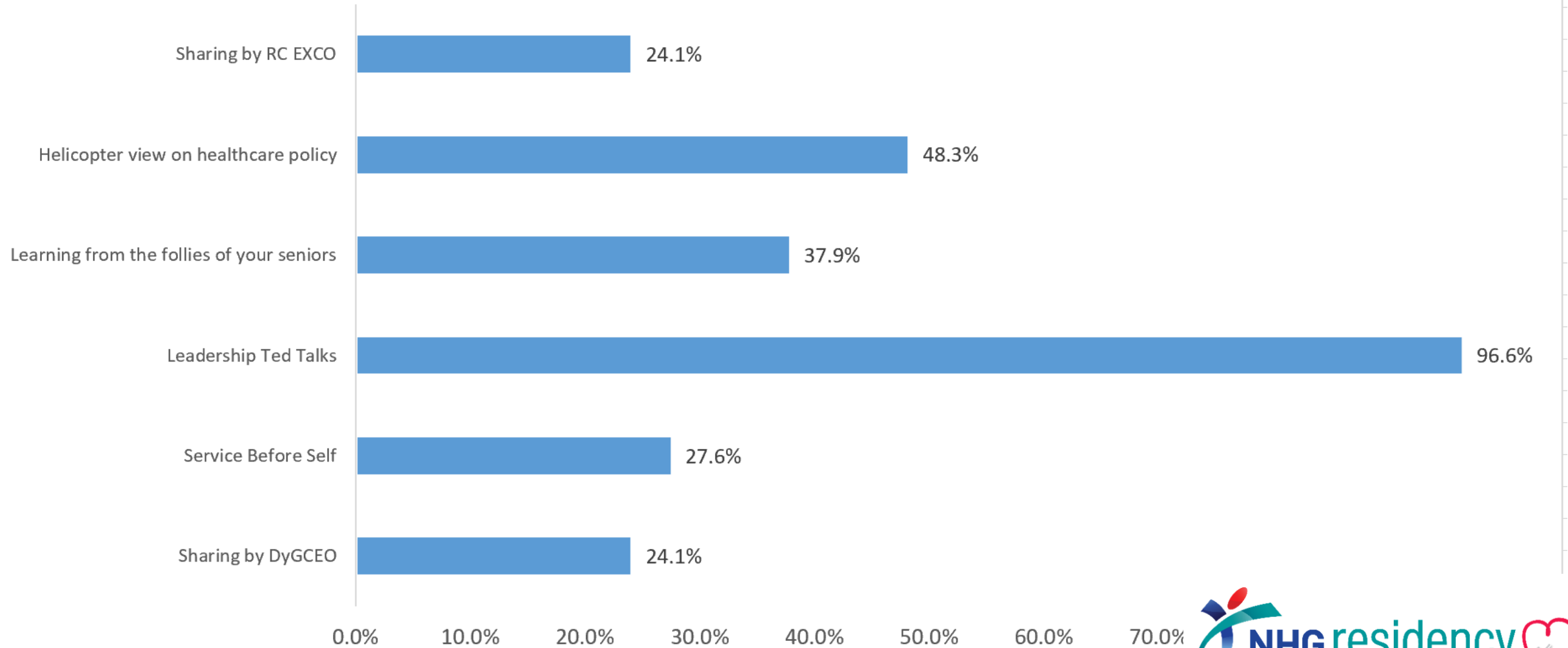
Encouraging constant engagement



- Yoga breaks
- Zoom lunches

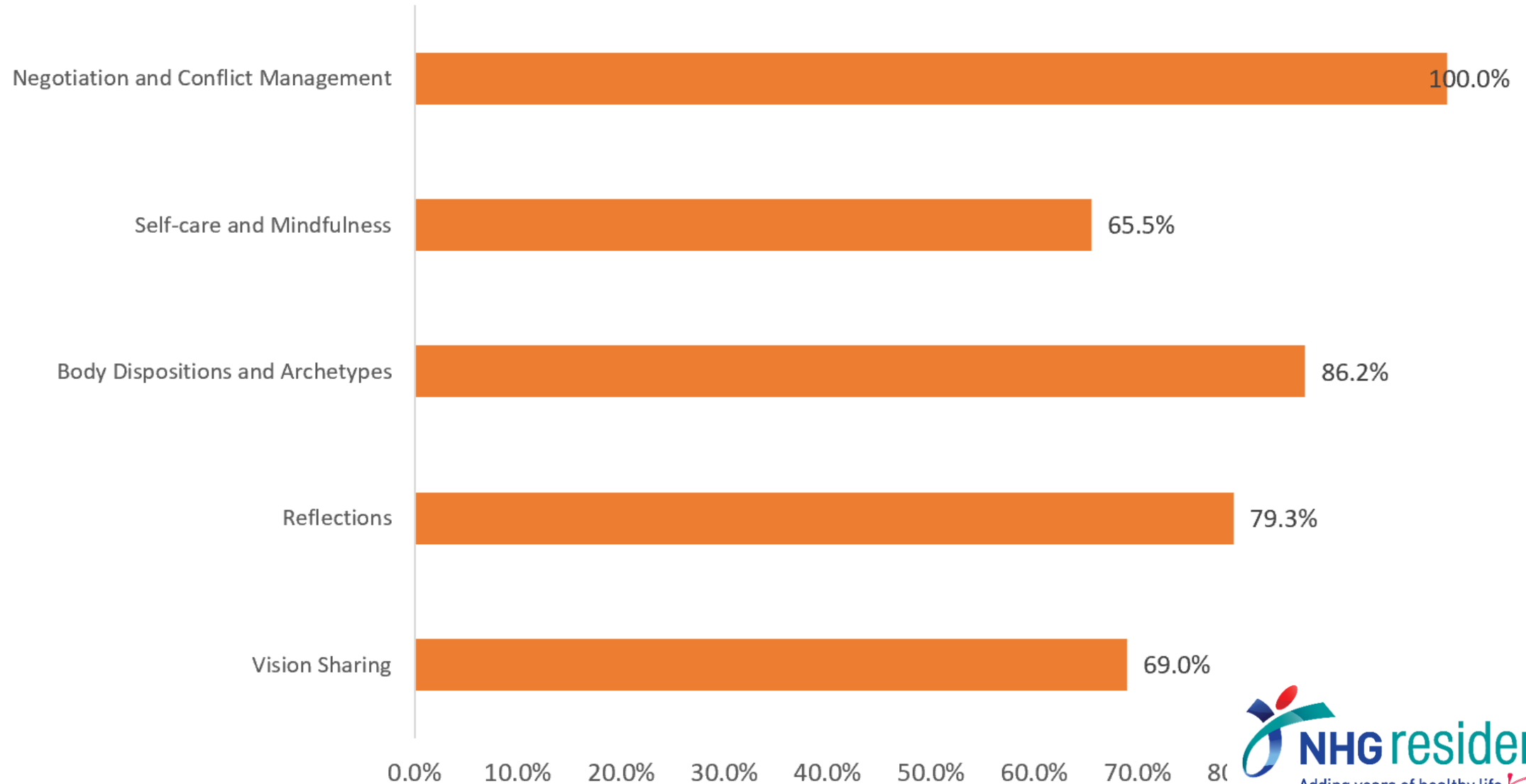
Results

Sharing sessions that CRs find beneficial



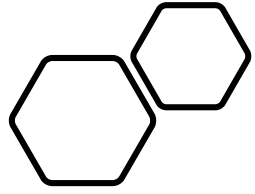
Results

Activities that CRs find beneficial



Areas for improvement

Respecting	Autonomy in a virtual space
Addressing	ZOOM fatigue
Maintaining	Constant engagement



Possible ideas
for future runs

Virtual role-playing
Improving interactions

Conclusion

A virtual leadership meeting poses **unique challenges** but can be effectively conducted with **adequate depth of interaction** over a virtual platform.

Thank you