

The Future of Internal Medicine Guidebooks



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Introduction

- "Called to see patient" or CTSP is a guidebook by the National Healthcare Group (NHG) Internal Medicine (IM) residency programme
- Unlike theory intensive handbooks, CTSP focuses on the practical aspects of medicine and takes into consideration the unique clinical approaches needed for different systems

Methodology

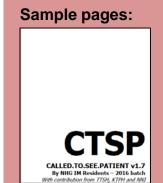
Year one and two residents write the chapter

Write-up vetted by faculty from the relevant subspecialty

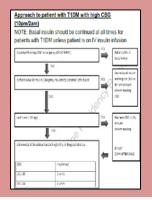
Incoming residents receive CTSP

CTSP updated yearly

 CTSP comprises of the following chapters: Dermatology, Endocrinology, Gastroenterology, General Medicine, Geriatric Medicine, Haematology, Infectious Diseases, Medical Oncology, Neurology, Palliative Medicine, Rehabilitation Medicine, Renal Medicine, Respiratory Medicine, Critical Care Medicine and Rheumatology, Allergy and Immunology











Results

For readers

Residents found CTSP invaluable to their daily work Survival tips and a hospital directory help orientate new doctors

Even non residents have requested for access

Hence CTSP is made available on the NHG elearning portal

For writers

Authors consolidate their knowledge Yearly revisions ensure writers are up to date on medical literature

Guided by specialists, writers refine their treatment algorithms

Writers make their foray into teaching and develop into clinical mentors

Conclusion

- Having a guidebook for residents written by residents yields positive outcomes for both the readers and the writers
- New doctors guickly gain critical practical knowledge which may not be highlighted in medical school
- Authors consolidate their learning and develop into clinical mentors.
- The guidebook encourages both systems-based practice and practice-based learning and improvement