



Practice and Evaluation of Summer Program on Traditional Chinese Medicine

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Background

Peking University Health Science Center has been providing an English summer program on Traditional Chinese Medicine to undergraduates from Northwestern University since 2013. It is designated to introduce Northwestern Students to important aspects of Traditional Chinese Medicine (TCM), consisting of a combination of lectures, clinical observation and field trips.

Description of the Program

The Program provides a general introduction to TCM. **Theoretical study** includes principals of Yin-Yang, five phases, Qi, Zang-fu, Jin-luo, TCM diagnostics, TCM pharmaceutical principles, acupuncture and tuina, TCM therapeutic strategies, comparison between TCM and modern Western medicine. **Field trips** include an herb-picking at the Great Wall and a tour of TCM Museum. **Clinical observation** is arranged at Peking University Third Hospital.

Brief format of the program :

Lectures	Field trips	Clinical observation
20 hours	One day and a half day	Two half days

Evaluation:

Component	Percent
Attendance and participation	10%
Write-up on field trips	20%
Final open book exam	40%
Essay	30%

Results and Findings

Nearly 45% students can get a grade above 90 while the other 55% can get a grade between 80 and 90. The students engaged in the program can get a **holistic understanding of TCM** development, basic concepts of Chinese medical theories, TCM diagnosis and treatment method and integration of modern Western Medicine and TCM.



Students are practicing cupping and tuina

Conclusion

The summer program is highly appraised by Northwestern students, especially in the following aspects: develop TCM knowledge, learn about Chinese philosophy and culture, and enhance the skills of cross-culture communication. PKUHSC will continue providing such TCM courses for international students.



Students and with course instructor